

PHYSICAL EDUCATION



	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Int. Int.
Term One	<p>Movement Skills A.O. B1 - Demonstrate consistency and control of movement in a range of situations. Positive Attitudes A.O. B2 – Demonstrate willingness to accept challenges, learn new skills and strategies, and extend their abilities in movement-related activities.</p> <p style="text-align: center;">Cross Country Training (Weeks 6-10) Run, Jump, Throw – Athletics (Weeks 1-5) Key Comp. : Managing Self, Participating and Contributing</p>										Athletics
Term Two	<p>Movement Skills A.O. B1 - Demonstrate consistency and control of movement in a range of situations. Positive Attitudes A.O. B2 – Demonstrate willingness to accept challenges, learn new skills and strategies, and extend their abilities in movement-related activities.</p> <p style="text-align: center;">Large Ball Skills – Handball (assessment of skills – BOT report) Choice of Rippa, Football & Netball Key Competencies - Managing Self, Participating and Contributing, Thinking</p>										X Country
Term Three	<p>Movement Skills A.O. B1 - Demonstrate consistency and control of movement in a range of situations. Positive Attitudes A.O. B2 – Demonstrate willingness to accept challenges, learn new skills and strategies, and extend their abilities in movement-related activities.</p> <p style="text-align: center;">Small Ball Skills – Unihockey, Padder Tennis Badminton Key Comp.: Thinking, Part. & Contributing, Relating to Others</p>										Netball
Term Four	<p>Challenges and Social and Cultural Factors A.O. B4 – Participate in and demonstrate an understanding of how social and cultural practices are expressed through movement. Positive Attitudes A.O. B2 - Demonstrate willingness to accept challenges, learn new skills and strategies, and extend their abilities in movement-related activities.</p> <p style="text-align: center;">Cultural Dance Key Comp.: Relating to Others, Managing Self</p> <p>Movement Skills A.O. B3 - Experience and demonstrate how science, technology and the environment influence the selection and use of equipment in a variety of settings.</p> <p style="text-align: center;">Orienteering Key Comp.: Using Language, Symbols and Texts</p>										Basketball Touch Swimming Hockey Volleyball